## Channelize the leader in you



by RVG Kulkarni



The legislature is the most important pillar of Well, my brush with elections and democracy. The art and science of governing a country political campaigning started when few is not easy. Gone are the days when the elected representatives could easily get away with their wrongdoings. The active judiciary, bold executives and the ever-vigilant press have done a course correction. Above all, the people of the country have time and again demonstrated that they won't tolerate irrationality. The highly qualified entry of candidates, ex-bureaucrats and successful business people has made a career in this challenging legislative profession. The elected representatives have just one chance to make it successful. But how many elected representatives know about themselves, their constituency, their state and the nation? Do they know the socio-economic and demographic status of their constituency? Do they know the basic development work to be done in education, health, infrastructure and other sectors? Do they know how many state and central government schemes are being implemented for the welfare of the people?

How is their conduct at every human touch point like home/ office/ social media? Do they exemplify the philosophy of the party they represent? Is there a concerted effort to maintain decorum and create an impeccable image? How about their verbal and non-verbal communication skills? Do they know how to conduct press conferences, participate in television debates and discussions? Do they create a foot in the mouth situation every time they speak? Do they know how to handle social media?

political parties approached my father, who was fluent in Kannada, to write slogans and speeches in the early 70's. I used to do voice over for the recorded election canvasses. Gradually, I also started writing for them. My preparation for civil services helped comprehend the entire political history of our country. Since then, I never miss rendezvous with political developments in the country and the world over. From J & K to Tamil Nadu, I have analysed the rise and fall of many political parties. My career in banking made me meet leaders of every political party, top executives in the government sector and peek into our judicial system. With over four decades of experience, I have developed a training module called - Management of Constituency.

This is a ready-made guide and a tool for elected representatives. If they follow the guidelines and change their working style, they would easily retain their seats and make a promising career in this sphere of profession. Above all, this module will contribute to the growth and development of their constituency.

To know more about me, please peruse my resume.





## lam **RVG Kulkarni**

## A Catalyst with NO frills

Hi, My three decades of experience in the corporate I am the fine balance between creative world exposed me to countless learning opportunities, most importantly about life and on how to convert obstacles into opportunities and stress into bliss. In my exciting journey I developed and mastered time management and prioritization techniques, effective communication skills, motivational and leadership skills.

Apart from the constant practice of Ashtanga yoga, I My book 'A Leader's Tripping Points' studied the mindset of people in blue zones and reasons for release of happy hormones and their impact on us. And I was eventually able to correlate yoga, science and happiness. This confluence helps us to be mindful, peaceful and happy irrespective of the external circumstances. And this workshop will reveal how to get there in the most riveting and enlightening way. Just the way I learnt it.

Hailing from a tiny village in India, I was surrounded by that will not just motivate you, but also invisible walls and ceilings. Having a dream itself was a distant dream. How ever I couldn't subside my urge to excel and converted a paper boat in a narrow stream. My sessions are fun and lively and by into a mammoth ship in an ocean.

I worked hard, experimented, took my chances, burnt confidence and take on any challenge to my fingers, turned every failure into experience, obstacles into opportunities and made it to where I am today - 'A person' with relentless hunger to learn, share, enjoy the grind, delink the outcome and stay blissful.

expressions - through singing, acting in films, direction, writing and drama - and professional excellence in the banking domain. I keep fit through Yoga, HIIT, Shuffle dancing; agile through playing TT, badminton; and peaceful through meditation.

received enormous success. I am regular on panels of management institutes, trade bodies for discussions on Time management, Prioritization, Communication skills, Science of Yoga, Happiness, Leadership and so on. I have travelled over 14 countries and my journey has given me authentic anecdotes and outstanding examples entertain you.

end of it you will see your team and yourself gleaming with new energy and emerge as the blissful champions.



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